

# ZAMBIA TRAVEL CHECKLIST

1. Sun cream
2. Travel Insurance
3. Sunglasses
4. Travel Vaccinations (Speak to your doctor at least two months in advance)
5. Powerbank
6. Insect repellent (especially mosquito)
7. Passport
8. Driver's licence
9. Mirror
10. Hand Sanitiser and Wet wipes
11. Hand Cream
12. Emergency Contact
13. Personal Hygiene Items (toothbrush, toothpaste, shower gel, sanitary pads.) They may not have your preferred brands
14. Hair products
15. Printed Booking confirmations (Hotels, activities, airport shuttle etc)
16. Unlocked mobile phone to use a local sim card. Gives you access to the internet and better coverage than most phones on roaming.
17. Medication, if you are on any.
18. Camera (Your phone will run out of battery at crucial times).
19. Handy Cash (10 000 Kwacha would go a long way).
20. Hiking/Walking Boots

